

Fridge Note of Puppy Sample

Please Follow the instructions below

Please read /check

- House training
- 2 pages (stick figures) **leash walking** (how to teach and what to do when pulls), structured walk, leash walking (2 pages) handout, walk with me , heel
- one page about **attention-seeking behavior** - this is presently not an issue, but you want to know how to handle it!
- **crate / confinement training and housetraining**
- other puppy handouts — chewing, biting, mouthing, jumping , house training & **body language** drawings & **Socialization and games.**

Built-in daily life

1. Reward (praise - verbal, pat, food) **calm behavior** during the day
2. **Ask sit for everything** the dog wants –real life rewards (see B1 protocol)
3. **Catch any behavior you like**—give attention, play with her, praise her, pet her
4. **Make sure puppy's experiences are all positive**, if he is unsure about something pls help him to disengage, ask a sit and reward the sit (engage / disengage)
5. **Recommend to supervise on the yard and generally during the day to prevent developing unwanted behaviors** (counter-surfing, digging, barking, garbage raiding) These behaviors are self-reinforced, once the dog starts them it takes diligent management on your side to stop the dog from doing them! It is better if he has no opportunity to start in the first place.
6. Guided nap time! - show crate/bed etc - leave in playpen or crate while around (dog can see you) give edible chew or teething toy.

Daily training #1 (5-15 min with play) inside (different locations), later on yard

1. **Sit (foundation for sit & stay 1-2 handout)** - please build duration on his sit
2. **Practice sit 5x - in different positions compare to you (pls see NEW handout -sit proofing)**
3. Play structured **tug-of-war or fetch** (sit-tug-drop it, sit - get it/fetch - come - drop it)
4. **5 x come** (start close, increase distance gradually) or **RECALL GAME**
5. **Go on mat** (or bed - specific spot we can use later on different locations) - 1st 2 steps
 - a. **NOTE: you can practice sit in the mat/bed (#1 exercises)**
6. **Walk with me** - inside on and off leash, once it is reliable on the yard on and off leash
7. **OPTIONAL: Static heel position** = sit on the left side while facing to the same direction as you

On the walks - leashed on the yard, but at least fully supervised

- Harness and long (10-15 feet) leash recommended
- More short walks are recommended - presently 3x10-15min is perfect. You can slowly build a longer walk, if the dog does not get overwhelmed.
- **Once on the street keep enough distance from dogs/people, so the puppy can walk by** instead of interact. IF you want to interact, do it on the long leash, let him approach, drop treats between him and the person to prevent jumping up etc (see *leash walk and working around distraction handout!!*)
- Reward if he walk nicely with you
- Talk to him to keep engaged with you, but let him sniff go slow (see structured walk)
- **If he sees sg (exciting/scary) say good boy and when he looks at you give a treat or praise him again (engage/disengage game) (do not let him stare on things or run on things - help him to disengage and/or approach together without pulling)**
- Let him explore the world in a calm manner , in his own pace
- If he pulls, stop, call him back, start to walk again.